

- Patinkas Fact Sheet -

Crystal Rune & Book Set

The Runes

Runes are an ancient alphabet, used for over 2,000 years for writing, divination and magic. They were used throughout Northern Europe; from Germany and Scandinavia to Britain and Iceland. Runic symbols have even been found in the eastern United States, leading to speculation that Norse warriors and explorers reached America many years before Columbus.

Runes are primarily used as a medium to seek advice; the more specific the question, the better the answer. Runes are not predictive, or a means of fortune telling. They work by tuning in to your current situation; the path you're currently on using the energies which presently surround you. The answers are based on these factors, however, as the future is not fixed if you are unsure of the outcome, you can adjust your course and choose another path. They can provide clarity to a situation where needed and could also be used to help clarify the most appropriate course of energetic healing for yourself or a client.

Each ancient runic symbol has its own specific esoteric meaning, which goes beyond the mundane meaning associated with its name. The word 'rune' roughly translates as 'whisper' or 'mystery'. Each rune is attached to a Norse god and represents an aspect of nature, the mind and spirit.

Norse mythology tells us that originally the High God, Odin, hung upside down from the 'world tree', impaled on his own sphere for nine days and nine nights in order to gain knowledge and wisdom. At the end of this time, the runes appeared before him. He gathered them up and at once the runes passed their power to him. It was Heimdallr, the God-guardian of 'Bifrost', the burning rainbow bridge, who eventually gifted the knowledge and power of the runes to mankind.

There are many variations of the runic alphabet including the Elder, Anglo-Saxon, and Younger Futharks to name a few, but the most comprehensive and best is the old Germanic, 'Elder Futhark' which consists of 24 runes. The first six runes in this alphabet spell out the word, 'futhark'; hence the name. This is the alphabet the companion book in this set supports.

We have four different crystal rune types for you to choose from: Clear Quartz, Rose Quartz, Opalite (man-made, also known as Sea Opal, with beautiful, magical colour) or Amethyst.

The Book

Our special crystal rune set comes with a 192-page paperback book, *A Practical Guide to the Runes* by Lisa Peschel. This book will help guide you to discover the nature of the runes and how to use them as a tool for insight, protection and luck. Practical and concise, this book includes:

- Complete descriptions of the twenty four runes of the Elder Futhark, plus Wyrd, (or Odin) the blank rune
- The differences between bindrunes and runescritps
- Four rune layouts and detailed rune interpretations, including reversed position meanings
- How to carve runes and create talismans
- Meanings and uses of the runes

